

## PSHE and RSE Curriculum Overview

	Autumn		Spring		Summer	
<b>Year 1</b>	Feeling Welcome & Responsibilities	Similarities & Making Friends	Working Together & Obstacles	Medicine & Road Safety	Families & Special Relationships	Body Changes & Body Parts
<b>Year 2</b>	Hopes, Fears & Rights	Stereotypes & Bullying	Success & My Own Strengths	Body Health & Balanced Diet	Conflict, Secrets, Trust & Touch	Young to Old & What Is Private
<b>Year 3</b>	Self Worth & Responsible Choices	Witnessing Bullying	Perseverance & Ambition	Fitness & Drugs	Family Roles	Growing Babies
<b>Year 4</b>	Teamwork & Democracy	Assumptions	Broken Dreams	Smoking & Alcohol	Love & Loss	Making Babies
<b>Year 5</b>	Responsible Citizens	Cultures & Racism	Money & Careers	Body Image	Self-Awareness	Puberty & Conception
<b>Year 6</b>	Global Citizens	Power Struggles	Making a Difference	Exploitation	Mental Health	Girlfriends & Boyfriends

