

## Welcome to our new menu

created with care for our planet

SIPS is proud to be the first not-for-profit organisation to have signed the Sustainability West Midlands Net-Zero Pledge. Our mission is to reduce our organisation's environmental impact.

### Partnership Approach

We work with schools and pupils, attending Eco-councils and assemblies to share ideas.

Look out for events and displays in schools over the coming months.

Our suppliers are committed to playing their part too.

**Quorn**

This year, Quorn will plant 60 trees in our name as part of a sustainable forest initiative. We work in partnership with them to create delicious, healthy, sustainable meat-free dishes for our customers.

Together  
we make a  
difference

### Our Daily Pledge

Our kitchen teams have pledged to support their school and the environment

- ✓ Switch off all lights and equipment when not in use.
- ✓ Make sure dishwashers and equipment are full before use, to maximise efficiency.
- ✓ Use no more than the amount of water required.

♻️ All of our Food Waste is collected and recycled. So far we have returned 3150,000 KWh(e) of energy to the national grid!

♻️ For every kilo of food waste recycled we have prevented 2.5kg of CO<sub>2</sub> going into landfill.

## FREE SCHOOL LUNCHES

School meals for  
Reception, & Years  
1 & 2 are FREE

They are worth over £450 per child, each year.\* Older children in Years 3-6 may still be entitled to free school meals  
TO APPLY FOR FREE SCHOOL MEALS PLEASE VISIT:  
[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)





## Week 1

## Week 2

## Week 3

Monday

Fishless Fingers VG  
Mash, Spaghetti Hoops

Cheese & Potato Pie V  
Spaghetti Hoops

Chocolate Brownie VG  
with Mandarin Oranges

Tuesday

BBQ Chicken Wrap N  
Crunchy Coleslaw

Jacket Potato, Cheese, Beans  
Assorted Salad

Fruit Jelly VG

Wednesday

Brunch Lunch (Sausage, Bacon,  
Beans, Omelette, Hash Brown)

Veggie Brunch V  
(Veggie Sausage, Beans,  
Omelette, Hash Brown)

Vanilla Whirl Biscuit VG N NE

Thursday

Quorn Masala Curry  
Brown & White Rice, Naan Bread

Margherita Pizza V B  
Pasta, Sweetcorn

Very Berry Mousse

Friday

Breaded Chicken Breast Steak,  
Chips, Garden Peas

Quorn Vegan Nuggets VG  
Chips, Garden Peas  
Sprinkle Traybake & Custard

Dates

01/09/25, 22/09/25, 13/10/25,  
10/11/25, 01/12/25

Fishless Fingers, Hash Brown  
Garden Peas, Carrots

Quorn & Chickpea Curry V N  
Brown & White Rice, Naan Bread

Lemon Drizzle Cake VG GF N

Beef Burger in a Bun, Diced  
Herby Potatoes, Veg Medley

Harvester Burger in a Bun VG,  
Diced Herby Potatoes, Veg  
Medley

Fruit Muffin VG

Jerk Chicken N  
with Vegetable Rice

Mediterranean Bolognese V  
Garlic Bread, Pasta

Chocolate Arctic Roll N

Quorn Masala Curry  
Brown & White Rice, Naan Bread

Loaded Pizza V N  
Baked Potato Wedges, Sweetcorn

Apple Flapjack B & Custard

Pork Sausage, Chips, Baked  
Beans

Fishless Fingers  
Chips, Baked Beans

Strawberry Mousse

08/09/25, 29/09/2025, 20/10/25,  
17/11/25, 08/12/2025

Quorn Southern Fried Burger V  
Tomato Pasta, Green Beans,  
Carrots

Vegan Meatball Pasta (vg)  
Green Beans, Carrots

Vanilla Ice Cream Tub

Pork Sausage & Gravy  
Mash, Veg Medley

Veggie Banger VG & Gravy,  
Mash, Veg Medley

Chocolate Pinwheels VG N

Roast Chicken & Gravy  
Roast Potatoes, Broccoli, Carrots

Quorn Fillet VG & Gravy  
Roast Potatoes, Broccoli, Carrots

Toffee Cake & Custard B

Pepperoni Pizza

Cheese & Tomato Pizza V B  
Seasoned Wedges, Peas &  
Sweetcorn

Fruit Jelly

Quorn Vegan Nuggets,  
Chips, Mushy Peas

Cheese & Onion Lattice V  
Chips, Mushy Peas

Baked Apple Sponge B  
& Custard

15/09/25, 06/10/2025, 03/11/25  
24/11/25, 15/12/25

Available Daily: Water, Seasonal Salad, Bread, Yoghurt and Seasonal Fresh Fruit.

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school. Check your school's website for full details.

(NE) No Eggs (N) New (V) Vegetarian (VG) Vegan (GF) Gluten Free (B) Boosted by hidden fruit and vegetables

